



PROBUS NEWS

Women's Probud Club of Cambridge Riverside

Editor: Kriss Gandier

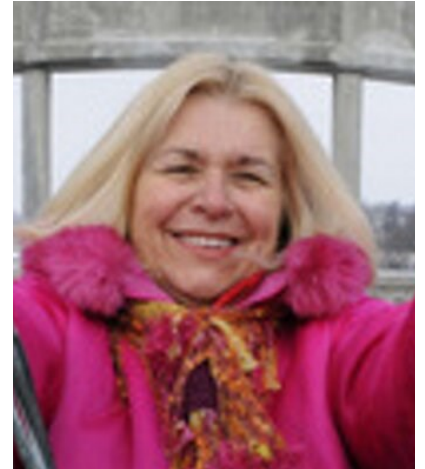
Club's designated Email address: CambridgeRiversideProbud170@gmail.com

Vol. 22 Issue 2, October 2025

Hello Ladies,

October gives us the best of both worlds, Thanksgiving to fill our hearts (and plates!) with gratitude, and Halloween to bring out our playful, spooky side.

When I first moved to Galt, I lived on Highman Avenue and our Probud Member Joanne MacKinnon and her husband Ross were across the street from my house. On Doorbell Night (October 30th) I would cross the street, ring her doorbell and ask if I could soap one of her windows and she would surprisingly let me do the back basement window! Her kindness is something I will never forget.



October is a month of cozy sweaters, apple picking, colourful leaves, pumpkin pies and more than a few sweet treats. Your Management Team has a great meeting in store for you and we hope to see you Wednesday October 8th at 9.30 AM.

Sue Sturdy

Probud Meeting

2nd Wednesday of the month

Next Meeting **October 8th** at 9:30 AM

Portuguese Club of Cambridge

Preferred Seating & Late Arrival Tables

We have 3 tables set aside for anyone who may have the need to be seated closer to the front of the room. Vision, hearing etc. Please let **Josephine or Wanda** know (they hand out the table #'s) and they will be happy to direct you to those tables.

There will be a table set up for **late comers** near the front and to the side.



Final Submissions for November's newsletter is November 20th 2025.

Join us on Facebook: <https://www.facebook.com/ProbudCanadaCambridge>

All documents such as membership forms, constitution and Bylaws, our history, can be found at :
<https://www.alininspirations.com/probud-cambridge-riverside.html>

MANAGEMENT TEAM 2025-2026

President	Sue Sturdy
President Elect	Ruth Legate Exon
Past President	Lynda Berg
Treasurer	Suzanne Cline
Recording Secretary	Debbie Swift
Technology Communications	Aline Chan
Program	Judith Naylor & Cheryl Clark
Membership	Lynn Pinnington
Travel	Laura Davis-Cook
Facilities	Claire Tinsley
Newsletter	Kriss Gandier
Special Events	Moraig Waite & Peggy Rutherford
Public Relations/Archives	Kathy Whitfield & Peggy Rutherford



MYSTERY WOMAN

Our Mystery Woman for September was
Heather Preddie



Welcome New Members

Kathryn Allen	Glenda Livingston	Elaine Mihm
Barbara Putnoki	Karen Ellis	Joan Sampson
Robin Wayne	Kathy Clegg	Catherine Fowler



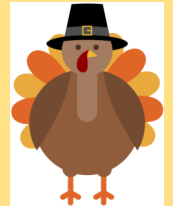
REMINDERS

When you receive a **table number**, please **put the plastic number into a dish on the table** and sign your name on the list at the table. Mute your phones during the meeting and please **return your name tags after the meeting.**



PROBUS INTEREST GROUPS

COMMITTEE	CONTACT	WHEN
Book Club #1 (Full)	Marg Benian	First Thursday of the month, 9:30am - 11:30am
Book Club #2 (Full)	Cheryl Clark	Last Wednesday of the month
Book Exchange	Eileen Jones & Kathy Whitfield	
Bowling - 10 pin	Marg Barette	First Tuesday of the month, 4pm
Breakfast Club	Sue Hutcheson	First Saturday Morning of the month, 9:30am
Brunch	Anne Cher	Second Saturday or Sunday, 11:15am
Bridge	Pauline Isbester	
Cribbage	Suzanne Cline	Third Tuesday of the month at 1:30
Euchre	Suzanne Bolton -Hull & Bonnie Brohman	
Hiking/Walking	Paulette Bissonnette	Mondays - 9:30 am.
Jigsaw Puzzle Exchange	Ann Snyder	
Lunch Bunch	Kathy Cron	Third Thursday of the month, 12:30
Purls & Crafts Group	Noreen Mikelsons	Fourth Thursday of the month, 10am - 12 noon Queen's Square Terrace
Sharps & Flats	Marg DeBrusk	



Only current members of the Probus Club of Cambridge Riverside may participate in Interest Groups under the auspices of the club.

Probian Profile - Sue Hutcheson

Sue has been a member of Probus Riverside for 3 years. She enjoys meeting new people and catching up with old friends during the monthly meetings, bus trips and breakfast outings. She was born in Renfrew but has lived in Galt since 1957. She is married with 3 children and 5 grandchildren.

Her work history is very varied but mostly is in supporting roles for medical professionals, which she continues today. She is an avid reader, enjoys stained glass work and plans on volunteering at the Donkey Sanctuary once time allows. Sue is most proud of the accomplishments of her children and sharing time with them is her biggest joy.



October's Guest Speaker

Monique Ekres, Executive Director Victim Services of Waterloo Region

HUMAN TRAFFICKING: PREVENTION AND INTERVENTION

COMMUNITY CONNECTION CRISIS SUPPORT

Victim services in Ontario are primarily paid for by the Ontario government with some assistance Federally from the Ministry of the Attorney General.

This service also aids with partner violence, sexual assault, homicide, crisis response with a Victim Support Line (VSL).

The VSL connects directly to an information counsellor who can refer services in a community that can help overcome the impact of crime or sudden tragedy 24/7.

Monique will deliver a talk specifically on Human Trafficking and Violence around human trafficking.

Who is at risk, how it happens, warning signs, recruitment, and transportation.

Ontario as a hub for human traffickers.

Cribbage



The October game for the Probus Cribbage group will meet on Tuesday, October 21st at Queens' Square Terrace, from 1:30 to 3:30.

Beginners and experienced players are welcome. We hope to see you there.

For more information please contact Suzanne Cline at sclinearmstrong@gmail.com.

Breakfast Club with Sue Hutcheson

Probus Breakfast is **October 4th 2025, at 9:30 AM** at the M&M Bar and Grill at 9:30 on October 4, 2025. Address is 475 Main Street East, Cambridge, ON.

It is located across the street from Grand Valley Fortifiers.

Please email Sue Hutcheson at s.hutches@sympatico.ca if you would like to attend.



Saturday Brunch

Saturday, October 18th, 2025 at

Stillwaters Restaurant, 61 Grand River St. N., Paris, Ontario, at 11:30am

Please email or phone Anne Cher at anne.cherwonogrodzky@gmail.com

Please contact ONLY if you would like to join the Saturday Brunch.

Thanks! Anne Cher



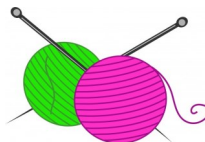
PURLS & CRAFTS GROUP

We are meeting on **October 23rd (4th Thursday of each month)** from 10-12 noon at **Queens' Square Terrace**, on the 4th floor in the "Design Room."

We are invited to serve ourselves to a free drink at no charge in the café by the front door if we'd like one. It's across from where we sign in and sign out.

Our meeting dates for 2025/2026 are:
Sept 25, Oct 23, Nov 27, We'll skip Dec 25!
2026: Jan 22, Feb 26, Mar 26, Apr 23,
May 28, June 25

Cheers, Noreen



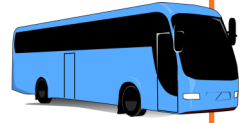
UPCOMING TRAVEL

PAYMENT BY CHEQUE OR E-TRANSFER WILL BE ACCEPTED AT THE OCTOBER MEETING

Thursday, October 30 (1:30-4:30) - Cambridge Food Tour- \$107 (18 people maximum)

Thanks to the great response to our Cambridge Food Tour, **we have booked this second date:**

What's included: • 8–10 stops • 6 tastings (sweet and savoury, anytime of day) • A casual stroll through Historic Galt along the Grand River, with a dash of local history • Vegetarian and gluten-free options available (all but one stop) We will need eight to ten people registered to confirm this booking. If interested, or if you have questions, please contact lauracook@rogers.com.



Thursday, December 11— Famous People Players- Joy to the World.

Discover the magic of the season with a brand-new musical from Famous People Players, the internationally acclaimed black-light theatre company that celebrates and supports people with exceptionalities. After the show, we will stop at a charming country market for some Christmas shopping and enjoy a scenic drive past a spectacular holiday light display before returning to Cambridge. Cost: Approximately \$125 per person (includes motor coach transportation, lunch, show ticket, taxes, and gratuities). Full details and sign-up information will be shared at the October meeting.

Friday, April 17, 2026— Rock Around the Clock in Niagara Falls Join us for an unforgettable day in Niagara Falls! • Matinee Show – Kick off the adventure with a high-energy musical celebration featuring tributes to Buddy Holly, The Everly Brothers, Ritchie Valens, Dion, Brenda Lee, Neil Sedaka, Connie Francis, and Jerry Lee Lewis. • Niagara Takes Flight – Soar above the stunning Niagara River corridor from Lake Ontario to Lake Erie, on this new immersive cinematic experience. • Dinner with a View – Savour a delicious meal overlooking the majestic Falls before we head home. **Cost: \$350 per person.** Includes motor coach transportation, matinee show, Niagara Flying Theatre, dinner, tour director services, and all taxes. More details and flyers will be available at the October meeting



Candid shots from September's meeting

Anne's Breakfast group Sept 13th, Piper Arms



Probus Hiking Group, Dumfries Conservation Sept 15th

PROBUS Christmas Luncheon

Wednesday, December 10, 2025.

The cost to each member will be **\$50.00.**

You can pay by e-transfer using the e-mail camrivprob@gmail.com or place your cheque or cash into the envelope that will be placed on the tables at the November meeting.

Your Special Events Committee has a great program planned for this luncheon.



Come and join us for a fun night of bowling at Kingpin Bowl in the Cambridge Mall on Hespeler Road, 4pm on Tuesday, October 7th. Arrive at 3:45 to get your bowling shoes. Contact Marg Barette if you have any questions. margaretbarette@gmail.com
226-600-9912

