



**SOROPTIMIST  
FOUNDATION  
OF  
CANADA**

# CORNERSTONE

## Mission Statement

To solicit, attract, and manage charitable donations in order to provide educational funding for the advancement of human rights and the status of women.



[www.soroptimistfoundation.ca](http://www.soroptimistfoundation.ca)

Editor: Aline Chan

Fall 2012

[alinchan@rogers.com](mailto:alinchan@rogers.com)

## 2012 Grants for Women Award Winners

**\$30,000 total was awarded to four recipients. Read more about them at**

<http://www.soroptimistfoundation.ca/grantwinners.html>



**Zaira Petruf, Masters student at Simon Fraser University International Studies, Complex Emergencies Program.** Zaira arrived in Canada as a refugee when she was 14 years old. In order to overcome the hardships that were characteristic of the first five years of her life in Canada, she decided to focus on academics and volunteering for different non-profit organizations. This experience helped her develop determination and inner strength. Throughout her life, Zaira has witnessed the abuse of women, thus women's rights is a cause that she feels very passionate about. *(Cora Salvador is seen presenting Zaira with her award at the September Tri-Cities Club meeting. Zaira recently returned from Africa.)*

**Zaira will be the guest speaker at the SFC AGM.**

**Pamela Verma graduated with her medical degree at the University of British Columbia, Honours Bachelor of Science, Cell and Developmental Biology, and will pursue further training in Obstetrics and Gynecology at the University of Toronto in September, 2012.**

Pamela Verma, a dynamic young leader in the field of medicine, will begin a new journey, training as an Obstetrician Gynecologist at the University of Toronto this fall. She graduates from the University of British Columbia with its highest distinction of Wesbrook Scholar for her contributions to the community, in addition to her academic excellence.

**Please watch for Pamela as she will be featured in the publication, "Best for Women".**



## Message from the Foundation Chair

### Let's All Get Behind The Soroptimist Foundation of Canada

The *Soroptimist Foundation of Canada (SFC)* has been receiving donations from Soroptimist members and friends of members in the form of donations, gifts and bequests since its inception in 1963. In 2013, SFC will celebrate its 50<sup>th</sup> anniversary. We are close to having one and a half million dollars in the endowment fund and with a concerted effort from each and every Soroptimist International member in Canada and each and every Soroptimist International club in Canada, we could raise our investments and in so doing increase the potential of SFC to advance human rights and the status of women.

The Soroptimist Foundation of Canada uses the income earned from the principal invested to support SFC Grants for Women programs. Last year, \$30,000.00 was divided between four extraordinary winners: Zaira Petruf, Kaley Roosen, Frances Truong and Pamela Verma.

The Soroptimist Foundation of Canada also support Club Grants allowing Soroptimist International Clubs of Canada to sponsor educational programs for women and/or girls in their communities. These programs allow local clubs to offer hands-on programs raising awareness of Soroptimist and its goals, ideals and benefits and may lead to greater support of those programs and ideals and add to membership in those clubs.

*BJ Gallagher, Chair*

### SOROPTIMIST FOUNDATION OF CANADA DAY



**FEBRUARY 6th**

#### Award Winner Pamela Verma writes:

*Dear Cora and Aline,*

*I just wanted to personally extend my thanks for allowing me to be part of the Soroptimist Community. Last night's Tri-Cities event was incredibly warm and welcoming - I can see why you are so passionate for what you do.*

*I hope that you can convey my sentiments to the rest of your board.*

*It is truly an honour to receive this acknowledgement from an esteemed group of women.*

*Many thanks,  
Pamela Verma*

### GIVE GENEROUSLY

and PROUDLY wear your

#### MAPLE LEAF PIN



SOROPTIMIST FOUNDATION OF CANADA

#### LET'S BUILD OUR ENDOWMENT FUND

Send your Club Donation or Personal Donation to

*Soroptimist Foundation of Canada*

*Sheryl Hopkins, Treasurer*

*2455 Cunningham Blvd*

*Peterborough ON K9H 0B2*

OR

#### GO DIRECT – MAKE DIRECT DEPOSIT DONATIONS

It's fast and easy – fill out the form on the following page and attach a voided cheque and your donation will be automatically deposited as directed by you! It's that easy!

**Thank you!**

# HOW TO DONATE

....Go Direct

I would like to make my annual donation to  
**SOROPTIMIST FOUNDATION OF CANADA** via  
**DIRECT deposits...**

**Pre-authorisation for Scheduled Donations from my bank account:**

Name (please print) \_\_\_\_\_

Club: SI of \_\_\_\_\_ Region \_\_\_\_\_

Your Address: \_\_\_\_\_

I authorise the **SOROPTIMIST FOUNDATION OF CANADA** to make withdrawals in the amount of \$ \_\_\_\_\_ in  
 the following withdrawal sequence:

monthly     quarterly     bi-annually     annually

Starting date: \_\_\_\_\_ .  
 (month)                      (day)                      (year)

✓ attached is my voided cheque required to set up an automatic deposit schedule.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Mail to:

*Treasurer, Soroptimist Foundation of Canada*  
*Sheryl Hopkins, Treasurer, 2455 Cunningham Blvd, Peterborough ON K9H 0B2*

*Tax receipts will be issued June 30<sup>th</sup> and December 31<sup>st</sup>. Please indicate the name and the mailing address for the receipt if for someone else:*

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
 (street)                      (City)                      (Province) Postal Code  
 (Registration # 119156594RT001)

## SOROPTIMIST FOUNDATION OF CANADA

BOARD OF DIRECTORS 2012 – 2013



Elizabeth Jane Gallagher, Chair  
 and Club Grants

[chair@soroptimistfoundation.ca](mailto:chair@soroptimistfoundation.ca)  
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Sheryl Hopkins, Treasurer  
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Sarah Phillips  
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**Another Grant Winner!**

**Frances Truong, B.A. Hons, M.A. Candidate 2013, Law and Legal Studies, Carleton University.**

Frances is a Master of Arts candidate in Legal Studies at Carleton University. Her research interest focuses on the advancement of social justice for those who are disadvantaged on the basis of their race, gender, social class and/or other social categories. Her current research project is on the issue of violence against women, particularly for marginalized women.

Frances' personal experience, academic background, and community engagement has allowed her to understand the social, political and economic structures that limit equal access to opportunities and resources for marginalized groups.

Frances received her award from Barb Stalbecker- Pountney at a meeting of the Toronto Club.

She will be the guest speaker at the ECR Fall meeting.

**Kaley is our fourth Grant Winner!**

**Kaley Roosen graduated Summa Cum Laude at York University's Masters in Psychology Program. She is currently completing her doctorate degree in Clinical Psychology at York University.**

Diagnosed with muscular dystrophy at the age of 12, Kaley has become intimately involved in disability advocacy within all aspects of her life. Her passions include research, psychotherapy, teaching and community service.

During her university career, she has been the recipient of numerous research and leadership awards, including the Terry Fox Humanitarian Award and the Vanier Canada CIHR Graduate Scholarship. Her research interests include: body image and disordered eating, disability and psychotherapy, and pain and coping. Her current doctoral research includes an in-depth analysis of body image and eating concerns in young women with physical disabilities.

Kaley was presented with her grant by Barb Stalbecker-Pountney of the Toronto club.

## Club Grants

Club Grants in the amount of up to \$1,000.00 are available annually by applying to the Soroptimist Foundation of Canada.

The Foundation may offer five \$1,000.00 grants for clubs holding educational programs for women or girls that will help them to be the best that they can be by developing their abilities and their awareness so that these young women can reach their full potential. The exact number of grants and the amounts for those grants shall be determined each fiscal year at the discretion of the Board of Directors of the Foundation, based on the funds available in that year's budget and the program needs of the Clubs applying.

Deadline for Club Grants is September 30<sup>th</sup>.

Applications are available on the website.

Click on Club Grants Application at <http://www.soroptimistfoundation.ca/>

Or go directly to

<http://www.soroptimistfoundation.ca/application.html#clubs>

*BJ Gallagher, Manager, Club Grants*

**SFC ANNUAL GENERAL MEETING  
SFC 50th ANNIVERSARY!  
Saturday, October 26, 2013**



An online community empowering offline action, helping women and girls to live their dreams.

Live Your Dream is a community that connects people online to do volunteer work offline that helps women and girls to live their dreams. When you join the Live Your Dream

community, you join a group of like-minded individuals who dream of making the world a better place for women and girls. [JOIN](#) the community now and let's make those dreams a reality.

Women helping women, breaking barriers & inspiring change!

### 50th Anniversary Kickoff Two winners of \$50 CASH

There will be **two \$50 cash prizes** awarded to two Soroptimists attending the SFC's Annual General Meeting. The money comes from a donation for this purpose.

The winners can donate the cash back to the SFC and receive tax receipts. The winners will also receive a commemorative anniversary prize!



### Soroptimist Foundation Orientation Meeting held in Breslau, Ontario



#### From left:

**BJ Gallagher**, incoming Chair / Manager of Club Grants  
**Sheryl Hopkins**, incoming Treasurer  
**Aline Chan**, National Grants Manager / Cornerstone Editor  
**Eileen Stanbury**, retiring Secretary and incoming Foundation Anniversary Committee  
**Sarah Phillips**, Western Canada Grants Manager  
**Lori Roblesky**, incoming Secretary  
**Cora Salvador**, retiring Chair and incoming member of both the Foundation Anniversary and the Legacy committees)  
**Janet Simms-Baldwin**, History Committee Chair  
**Flora Francis**, History Committee

#### Absent from photo-shoot:

**Barbro E. Stalbecker Pountney**, Legacy Committee; **Marion Logan**, National Judging Committee, 2012.

### Treasurer's Corner



Donations for the year reached a total of \$48,519.26 comprised of \$38,058.92 for the Endowment Fund and \$10,460.34 for the Operating fund. Eastern Canada Region contributed \$13,548.34 and Western Canada Region contributed \$19,812.00. The fiscal year 2012 donation **increased** by 52.2% compared to the fiscal year ending 2011. Donation of \$10,000.00 was designated to the Operating account from the estate of Ruth Shaver former member of Soroptimist International of Ottawa.

**The Endowment Fund Balance at the end of June 30, 2012 was \$1,310,475.**

The official address in Winnipeg:

Soroptimist Foundation of Canada  
 c/o Albina Moran, Partner  
 Thompson, Dorfman, Sweatman LLP  
 2200 – 201 Portage Avenue, Winnipeg, MN R3B 3L3

Full accounting of donations, income and expenses of the Foundation can be referenced at the Auditor's report to be approved at the Annual General Meeting on October 27, 2012 in Winnipeg.

*Sheryl Hopkins*

Treasurer

To Quote our past chair Cora Salvador: *The joy of giving springs eternal to a Soroptimist. Please give your support to the Soroptimist Foundation of Canada, your charity of choice. The women we support depend on you!*

## Soroptimist Foundation of Canada

### Agenda

#### Annual General Meeting, October 27, 2012

Hilton Winnipeg Airport Suites

Winnipeg MB

Phone: 1-204-783-1700

#### **9:00 AM Call to Order** (business casual)

Call to Order and Welcome – Elizabeth Gallagher (BJ) Chair

Introduction of Guests

Introduction of Board Members and Special Guests

Introduction of Attendees

Declaration of Quorum

Adoption of Agenda

Appointment of Parliamentarian

Approval of Minutes of 2011 AGM

Business arising from the Minutes

Presentation of the SFC finances by Warwick Holland, RBC Dominion Securities

#### **10:30 AM Refreshment Break**

Treasurer's Report – Sheryl Hopkins

Report of the Auditor – Sandra Fawcett

Acceptance of the Auditor's Report

Appointment of Auditor for 2012-2013

#### **12:00 PM Lunch Break**

##### **Reports**

Chair – Elizabeth Gallagher

National Grants Manager – Grants for Women – Sarah Phillips for Aline Chan

Club Grants – Elizabeth Gallagher

Investment Committee – Elizabeth Gallagher for Cora Salvador and Jas Salh

History – Janet Simms-Baldwin (committee includes Sandi Ng, Flora Francis)

##### **New Business**

Next year's venue

(Note 2:30 PM Refreshment Break)

#### **4:30 PM Adjournment**

**Date of Next AGM – October 26, 2013 (4<sup>th</sup> Saturday in October)**

#### **Dinner** (Business Casual)

6:30 p.m. Cash Bar

7:00 p.m. Dinner Awards Presentations

Club Star Certificates and Maple Leaf Pins

**PLUS 50th Anniversary SPECIAL – two draws for \$50 Cash** – The winners can donate the cash back to the SFC and receive tax receipts. The winners will also receive a commemorative anniversary prize!

**Guest Speakers** include Grants for Women winner, Zaira Petruf, recently returned from graduate work in Africa.

donate  
Make dreams  
come true!